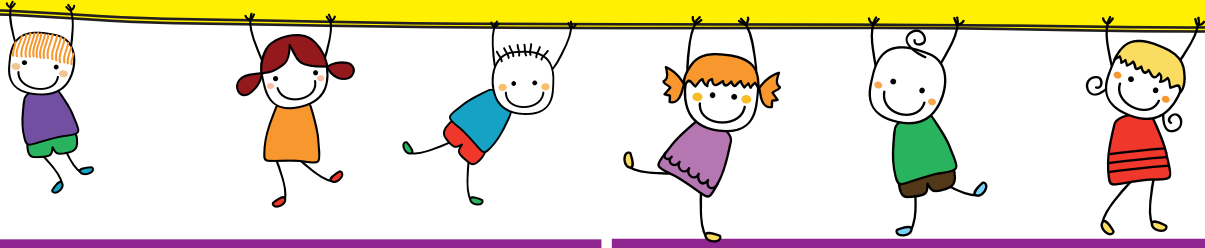


# PRYDAU YSGOL AM DDIM FREE SCHOOL MEALS



**Dim ond plant y mae eu rhieni neu warcheidwaid yn cael un o'r budd-daliadau canlynol sy'n gallu cael prydau ysgol am ddim:-**

- Cymhorthdal Incwm
- Lwfans Ceisio Gwaith (ar sail incwm)
- Cymorth o dan Ran VI o Ddeddf Mewnfudo a Lloches 1999
- Yr elfen warant o Gredyd Pensiwn y Wladwriaeth, Credyd Treth Plant, ond HEB dderbyn Credyd Treth Gwaith ac nad yw eu hincwm (a aseswyd gan Gyllid y Wlad) yn fwy na £16,190 oni bai bod y Credyd Treth Gwaith yn rhan o estyniad pedair wythnos.
- Lwfans Cyflogaeth a Chymorth sy'n gysylltiedig ag incwm
- Credyd Cynhwysol

Os ydych eisoes yn hawlio prydau ysgol am ddim, nid oes angen ailgyflwyno cais bob blwyddyn ysgol newydd.

Mae'n bwysig eich bod chi'n gwneud cais am Brydau Ysgol am ddim cyn gynted â phosibl gan nad ydym yn gallu ôl-ddyddio unrhyw daliadau. Gallwch wneud cais am brydau ysgol am ddim mewn ychydig funudau ar-lein ar ein gwefan:

[www.sirgar.gov.uk](http://www.sirgar.gov.uk)

Os nad oes gennych fynediad i'r rhyngwrwyd mae'n bosibl y bydd eich ysgol yn gallu eich helpu.

Anfonwch unrhyw ymholiadau at: 01267 246521  
neu

Ebost: [PrydauYsgolamDdim@sirgar.gov.uk](mailto:PrydauYsgolamDdim@sirgar.gov.uk)

**Free School Meals are only available to children whose parents / guardian receives one of the following benefits:-**

- Income Support
- Job Seekers Allowance (Income Based)
- Support under part V1 of the Immigration and Asylum Act (1999)
- Guaranteed element of State Pension Credit, Child Tax Credit, but do NOT receive Working Tax Credit, and their annual income (assessed by the Inland Revenue) does not exceed £16,190 unless Working Tax Credit is part of a four week run on.
- Income-related Employment and Support Allowance
- Universal Credit

If you are already claiming for Free School Meals there is no need to re-apply for each new school year.

It is important that you apply for Free School Meals as soon as possible as we are unable to backdate any payments.

You can apply for free school meals in minutes on-line via our website:

[www.carmarthenshire.gov.uk](http://www.carmarthenshire.gov.uk)

If you do not have internet access your school may be able to assist you.

Please direct any queries to: 01267 246521  
or

Email: [FreeSchoolMeals@carmarthenshire.gov.uk](mailto:FreeSchoolMeals@carmarthenshire.gov.uk)

